

**JUNE 2026 FREE MEAL CALENDAR - PROJECT OF THE HUNGER RELIEF ACTION COALITION (<http://meals.informationlondon.ca>)**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>My Sister's Place</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b> 5:30-6:30 pm • <b>St. Michael's</b>	7:30-9:00 am • <b>Church of the Ascension</b> 9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>My Sister's Place</b> 11:30-12:30 pm • <b>St. John the Evangelist</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b> 5:00-6:30 pm • <b>St. John the Divine Church Hall</b> 5:30-6:30 pm • <b>Rowntree Memorial</b>	9:30-12:30 pm • <b>London Coffee House</b> 11:30-12:30 pm • <b>My Sister's Place</b> 11:30-6:00 pm • <b>Youth Action Centre</b> 12:00-1:00 pm • <b>Rowntree Memorial</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b> 5:30-6:00 pm • <b>Salvation Army Food Truck at:</b> > <b>My Sister's Place</b> > <b>London Coffee House</b> > <b>Watson Park</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>St. Paul's Social Services</b> 11:30-12:30 pm • <b>My Sister's Place</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>St. Paul's Social Services</b> 11:30-12:30 pm • <b>My Sister's Place</b> 3:00pm* • <b>Outside Crouch Library</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b>	9:00-10:30 am • <b>St. Jude's</b> 9:30-12:30 pm • <b>London Coffee House</b> 11:00-1:00 pm • <b>My Sister's Place</b> 12:30-1:00 pm • <b>Hyatt Mosque</b> 4:00-5:30 pm • <b>St John the Evangelist</b> 4:30pm* • <b>Ark Aid Mission</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
9:30-12:30 pm • <b>London Coffee House</b> 11:00-1:00 pm • <b>My Sister's Place</b> 4:30pm* • <b>Ark Aid Mission</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>My Sister's Place</b> 4:30 pm* • <b>Ark Aid Mission</b> 5:00-5:30 pm • <b>Salvation Army at Westminster Park Community Church</b> 5:00-6:00 pm • <b>My Sister's Place</b> 5:30-6:30 pm • <b>St. Michael's</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>My Sister's Place</b> 11:30-12:30 pm • <b>St. John the Evangelist</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b> 5:00-6:30 pm • <b>St. John the Divine Church Hall</b> 5:30-6:30 pm • <b>Rowntree Memorial</b>	9:30-12:30 pm • <b>London Coffee House</b> 11:30-12:30 pm • <b>My Sister's Place</b> 11:30-6:00 pm • <b>Youth Action Centre</b> 12:00-1:00 pm • <b>Rowntree Memorial</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b> 5:30-6:00 pm • <b>Salvation Army Food Truck at:</b> > <b>My Sister's Place</b> > <b>London Coffee House</b> > <b>Watson Park</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>St. Paul's Social Services</b> 11:30-12:30 pm • <b>My Sister's Place</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>St. Paul's Social Services</b> 11:30-12:30 pm • <b>My Sister's Place</b> 3:00pm* • <b>Outside Crouch Library</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b> 5:00-6:00 pm • <b>St. George's Anglican</b>	9:30-12:30 pm • <b>London Coffee House</b> 11:00-1:00 pm • <b>My Sister's Place</b> 12:30-1:00pm • <b>Hyatt Mosque</b> 4:30pm* • <b>St John the Evangelist</b> 4:30pm* • <b>Ark Aid Mission</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
9:30-12:30 pm • <b>London Coffee House</b> 11:00-1:00 pm • <b>My Sister's Place</b> 4:30pm* • <b>Ark Aid Mission</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>My Sister's Place</b> 4:30 pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b>	8:00-10:00 am • <b>Church of the Ascension</b> 9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>My Sister's Place</b> 11:30-12:30 pm • <b>St. John the Evangelist</b> 4:30 pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b> 5:00-6:30 pm • <b>St. John the Divine Church Hall</b> 5:30-6:30 pm • <b>Rowntree Memorial</b>	9:30-12:30 pm • <b>London Coffee House</b> 11:30-12:30 pm • <b>My Sister's Place</b> 11:30-6:00 pm • <b>Youth Action Centre</b> 12:00-1:00 pm • <b>Rowntree Memorial</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b> 5:30-6:00 pm • <b>Salvation Army Food Truck at:</b> > <b>My Sister's Place</b> > <b>London Coffee House</b> > <b>Watson Park</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>St. Paul's Social Services</b> 11:30-12:30 pm • <b>My Sister's Place</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>St. Paul's Social Services</b> 11:30-12:30 pm • <b>My Sister's Place</b> 3:00pm* • <b>Outside Crouch Library</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b>	9:00-10:30 am • <b>St. Jude's</b> 9:00-10:30am • <b>Calvary United</b> 9:30-12:30 pm • <b>London Coffee House</b> 11:00-1:00 pm • <b>My Sister's Place</b> 12:30-1:00 pm • <b>Hyatt Mosque</b> 4:00-5:30 pm • <b>St John the Evangelist</b> 4:30pm* • <b>Ark Aid Mission</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
9:30-12:30 pm • <b>London Coffee House</b> 11:00-1:00 pm • <b>My Sister's Place</b> 4:30pm* • <b>Ark Aid Mission</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>My Sister's Place</b> 4:30 pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>My Sister's Place</b> 11:30-12:30 pm • <b>St. John the Evangelist</b> 4:30 pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b> 5:00-6:30 pm • <b>St. John the Divine Church Hall</b> 5:30-6:30 pm • <b>Rowntree Memorial</b>	9:30-12:30 pm • <b>London Coffee House</b> 11:30-12:30 pm • <b>My Sister's Place</b> 11:30-6:00 pm • <b>Youth Action Centre</b> 12:00-1:00 pm • <b>Rowntree Memorial</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b> 5:30-6:00 pm • <b>Salvation Army Food Truck at:</b> > <b>My Sister's Place</b> > <b>London Coffee House</b> > <b>Watson Park</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>St. Paul's Social Services</b> 11:30-12:30 pm • <b>My Sister's Place</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>St. Paul's Social Services</b> 11:30-12:30 pm • <b>My Sister's Place</b> 3:00pm* • <b>Outside Crouch Library</b> 4:30pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b> 5:00-6:00 pm • <b>St. George's Anglican</b>	9:00-10:30 am • <b>St Francis-St Martin</b> 9:00-10:30 am • <b>St. Andrew Memorial</b> 9:30-12:30 pm • <b>London Coffee House</b> 11:00-1:00 pm • <b>My Sister's Place</b> 12:30-1:00 pm • <b>Hyatt Mosque</b> 4:00-5:30 pm • <b>St John the Evangelist</b> 4:30pm* • <b>Ark Aid Mission</b>
<b>28</b>	<b>29</b>	<b>30</b>				
9:30-12:30 pm • <b>London Coffee House</b> 11:00-1:00 pm • <b>My Sister's Place</b> 4:30pm* • <b>Ark Aid Mission</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>My Sister's Place</b> 4:30 pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b>	9:30-12:30 pm • <b>London Coffee House</b> 10:00-6:00 pm • <b>Youth Action Centre</b> 11:30-12:30 pm • <b>My Sister's Place</b> 11:30-12:30 pm • <b>St. John the Evangelist</b> 4:30 pm* • <b>Ark Aid Mission</b> 5:00-6:00 pm • <b>My Sister's Place</b> 5:00-6:30 pm • <b>St. John the Divine Church Hall</b> 5:30-6:30 pm • <b>Rowntree Memorial</b>				



## Meals and Locations

➤ <b>Ark Aid Mission</b> 696 Dundas St., London	Dine-in, served daily at 4:30 p.m.* <u>until the food is gone</u> (Indoor hours for community members: Monday-Friday: 4:00 p.m. to 8:00 p.m.; Saturday and Sunday: 1:00 p.m. to 8:00 p.m.)	➤ <b>St. Andrew Memorial Church</b> 55 Foxbar Rd. (@ Wellington Rd.), London	Dine-in
➤ <b>Calvary United Church</b> 290 Ridout St. South (@ Garfield Ave.), London	Dine-in	➤ <b>St. Francis – St. Martin Catholic Parish</b> 46 Cathcart St. (@ Duchess Ave.), London	Dine-in
➤ <b>Church of the Ascension</b> 2060 Dundas St. (between Speight and Carlyle), London	1 <sup>st</sup> Tuesday: Bagged lunch - 3 <sup>rd</sup> Tuesday: Dine-in	➤ <b>St. George’s Anglican Church</b> 227 Wharncliffe Rd. North (@ St. Patrick St.), London	Dine-in
➤ <b>Crouch Neighbourhood Resource Centre Library (Just Outside)</b> 550 Hamilton Rd, London	75 takeaway hot meals from 3:00 p.m.* <u>until the food is gone.</u> First come, first served. Please line up along Sackville St.	➤ <b>St. John the Divine Church Hall</b> ➤ 390 Baseline Rd. West, London	Dine-in hot meal and hospitality for the last ½ hour
➤ <b>Hyatt Mosque – Muslim Soup Kitchen</b> 282 Hamilton Rd. (@ Little Hill St.), London	Curbside pick-up	➤ <b>St. John the Evangelist Anglican Church</b> 280 St. James St. (@ Wellington St.), London	Tuesdays: Dine-in only - Saturdays: Dine-in until 5:00 pm & Take-out until 5:30 pm
➤ <b>London Coffee House</b> 371 Hamilton Rd., London	Light meals & snacks	➤ <b>St. Jude’s (The Church of St. Jude)</b> 1537 Adelaide St. North (@ Fanshawe Park Rd. East), London	Dine-in / Take-out
➤ <b>My Sister’s Place</b> 566 Dundas St. (between William & Adelaide), London	Women 16 years old and older <b>ONLY</b> (Monday-Friday from 5:00 to 6:00 p.m. snacks only, basic needs and harm reduction. Saturday and Sunday – Snacks only)	➤ <b>St. Michael’s Catholic Parish</b> 511 Cheapside St. (@ Maitland St.), London	Dine-in
➤ <b>Rowntree Memorial United Church</b> 156 Elliot St. (@ Cheapside St.), London	Dine-in	➤ <b>St. Paul’s Social Services (a.k.a. Paul’s Place) at St. Paul’s Anglican Cathedral</b> 472 Richmond St. (@ Queens Ave.), London	Dine-in
➤ <b>Salvation Army Food Truck – Operation Mobilizing Hope</b>	My Sister’s Place location: 566 Dundas Street London Coffee House location: 371 Hamilton Road Watson Park location: off Wellington Road	➤ <b>Youth Action Centre</b> 332 Richmond St. (@ York St.), London	Youth 16 to 24 years old <b>ONLY</b> . Bagged lunch and dine-in dinner.
➤ <b>Salvation Army at Westminster Park Community Church</b> 1190 Southdale Rd. East (@ Millbank Dr.), London	Dine-in / Take-out During June, July and August 2026 there will only be a monthly Community BBQ on the 2 <sup>nd</sup> Monday of each month. ID required for each member of the household to ensure one meal per person policy.	➤ <b>St. Joseph’s Hospitality Centre</b> ➤ <b>(St. Joe’s Café) (Not in the free meal calendar)</b> 602 Queens Ave., London	➤ Monday-Friday: Breakfast: 9:30 - 11am, Lunch: 12-1:30 pm ➤ Saturday complimentary meal: 11:00am -12:45 pm ➤ <b>Daily fee:</b> \$0.50 breakfast, \$1 lunch ➤ <b>Monthly Meal Plan:</b> \$20.00 ➤ ID Required