

APRIL 2026 FREE MEAL CALENDAR - PROJECT OF THE HUNGER RELIEF ACTION COALITION (<http://meals.informationlondon.ca>)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
			1	2	3	4						
			9:30-12:30 pm 11:30-12:30 pm 11:30-6:00 pm 12:00-1:00 pm 1:30-3:30 pm 5:00-6:00 pm 5:30-6:00 pm 6:00-6:30 pm 6:30-7:00 pm 5:30-6:30 pm	<ul style="list-style-type: none"> • London Coffee House • My Sister's Place • Youth Action Centre • Rowntree Memorial • Ark Aid Mission • My Sister's Place • Salvation Army Food Truck at: <ul style="list-style-type: none"> > My Sister's Place > London Coffee House > Watson Park • Ark Aid Mission 	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-6:00 pm 5:30-6:30 pm	<ul style="list-style-type: none"> • London Coffee House • YouthAction Centre • St. Paul's Social Services • My Sister's Place • Ark Aid Mission • My Sister's Place • Ark Aid Mission* 	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-6:00 pm 5:30-6:30 pm	<ul style="list-style-type: none"> • London Coffee House • YouthAction Centre • St. Paul's Social Services • My Sister's Place • Ark Aid Mission • My Sister's Place • Ark Aid Mission 	9:00-10:30 am 9:30-12:30 pm 9:30-12:30 pm 11:00-1:00 pm 12:30-1:00 pm 1:30-3:30 pm 4:00-5:30 pm 5:30-6:30 pm	<ul style="list-style-type: none"> • St. Jude's • London Coffee House • Ark Aid Mission • My Sister's Place • Hyatt Mosque • Ark Aid Mission • St John the Evangelist • Ark Aid Mission 		
5	6	7	8	9	10	11						
9:30-12:30 pm 9:30-12:30 pm 11:00-1:00 pm 1:30-3:30 pm 5:30-6:30 pm	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-6:00 pm 5:30-6:30 pm	7:30-9:00 am 9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-6:00 pm 5:00-6:30 pm 5:30-6:30 pm 5:30-6:30 pm	9:30-12:30 pm 11:30-12:30 pm 11:30-6:00 pm 12:00-1:00 pm 1:30-3:30 pm 5:00-6:00 pm 5:30-6:00 pm 6:00-6:30 pm 6:30-7:00 pm 5:30-6:30 pm	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-6:00 pm 5:30-6:30 pm	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-6:00 pm 5:30-6:30 pm	9:30-12:30 pm 9:30-12:30 pm 11:00-1:00 pm 1:30-3:30 pm 4:00-5:30 pm 5:30-6:30 pm	<ul style="list-style-type: none"> • London Coffee House • Ark Aid Mission • My Sister's Place • Ark Aid Mission • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • Youth Action Centre • My Sister's Place • Ark Aid Mission • My Sister's Place • Ark Aid Mission • St. John the Divine Church Hall • Rowntree Memorial • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • My Sister's Place • Youth Action Centre • Rowntree Memorial • Ark Aid Mission • My Sister's Place • Salvation Army Food Truck at: <ul style="list-style-type: none"> > My Sister's Place > London Coffee House > Watson Park • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • YouthAction Centre • St. Paul's Social Services • My Sister's Place • Ark Aid Mission • My Sister's Place • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • YouthAction Centre • St. Paul's Social Services • My Sister's Place • Ark Aid Mission • My Sister's Place • St. George's Anglican • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • Ark Aid Mission • My Sister's Place • Ark Aid Mission
12	13	14	15	16	17	18						
9:30-12:30 pm 9:30-12:30 pm 11:00-1:00 pm 1:30-3:30 pm 5:30-6:30 pm	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-5:30 pm 5:00-6:00 pm 5:30-6:30 pm 5:30-6:30 pm	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-6:00 pm 5:00-6:30 pm 5:30-6:30 pm 5:30-6:30 pm	9:30-12:30 pm 11:30-12:30 pm 11:30-6:00 pm 12:00-1:00 pm 1:30-3:30 pm 5:00-6:00 pm 5:30-6:00 pm 6:00-6:30 pm 6:30-7:00 pm 5:30-6:30 pm	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-6:00 pm 5:30-6:30 pm	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-6:00 pm 5:30-6:30 pm	9:00-10:30 am 9:00-10:30am 9:30-12:30 pm 11:00-1:00 pm 12:30-1:00 pm 1:30-3:30 pm 4:00-5:30 pm 5:30-6:30 pm	<ul style="list-style-type: none"> • London Coffee House • Ark Aid Mission • My Sister's Place • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • Youth Action Centre • My Sister's Place • Ark Aid Mission • My Sister's Place • St. John the Divine Church Hall • Rowntree Memorial • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • My Sister's Place • Youth Action Centre • Rowntree Memorial • Ark Aid Mission • My Sister's Place • Salvation Army Food Truck at: <ul style="list-style-type: none"> > My Sister's Place > London Coffee House > Watson Park • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • YouthAction Centre • St. Paul's Social Services • My Sister's Place • Ark Aid Mission • My Sister's Place • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • YouthAction Centre • St. Paul's Social Services • My Sister's Place • Ark Aid Mission • My Sister's Place • Ark Aid Mission 	<ul style="list-style-type: none"> • St. Jude's • Calvary United • London Coffee House • My Sister's Place • Hyatt Mosque • Ark Aid Mission • St John the Evangelist • Ark Aid Mission
19	20	21	22	23	24	25						
9:30-12:30 pm 11:00-1:00 pm 1:30-3:30 pm 5:30-6:30 pm	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-5:30 pm 5:00-6:00 pm 5:30-6:30 pm 5:30-6:30 pm	8:00-10:00am 9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-6:00 pm 5:00-6:30 pm 5:30-6:30 pm 5:30-6:30 pm	9:30-12:30 pm 11:30-12:30 pm 11:30-6:00 pm 12:00-1:00 pm 1:30-3:30 pm 5:00-6:00 pm 5:30-6:00 pm 6:00-6:30 pm 6:30-7:00 pm 5:30-6:30 pm	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-6:00 pm 5:30-6:30 pm	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 11:30-12:30 pm 1:30-3:30 pm 5:00-6:00 pm 5:30-6:30 pm	9:00-10:30 am 9:00-10:30 am 9:30-12:30 pm 11:00-1:00 pm 12:30-1:00 pm 1:30-3:30 pm 4:00-5:30 pm 5:30-6:30 pm	<ul style="list-style-type: none"> • London Coffee House • My Sister's Place • Ark Aid Mission • Ark Aid Mission 	<ul style="list-style-type: none"> • Church of the Ascension • London Coffee House • Youth Action Centre • My Sister's Place • St. John the Evangelist • Ark Aid Mission • My Sister's Place • St. John the Divine Church Hall • Rowntree Memorial • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • My Sister's Place • Youth Action Centre • Rowntree Memorial • Ark Aid Mission • My Sister's Place • Salvation Army Food Truck at: <ul style="list-style-type: none"> > My Sister's Place > London Coffee House > Watson Park • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • YouthAction Centre • St. Paul's Social Services • My Sister's Place • Ark Aid Mission • My Sister's Place • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • YouthAction Centre • St. Paul's Social Services • My Sister's Place • Ark Aid Mission • My Sister's Place • St. George's Anglican • Ark Aid Mission 	<ul style="list-style-type: none"> • St Francis-St Martin • St Andrew Memorial • London Coffee House • My Sister's Place • Hyatt Mosque • Ark Aid Mission • St John the Evangelist • Ark Aid Mission
26	27	28	29	30								
9:30-12:30 pm 11:00-1:00 pm 1:30-3:30 pm 5:30-6:30 pm	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 5:00-5:30 pm 5:00-6:00 pm 5:30-6:30 pm	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 11:30-12:30 pm 5:00-6:00 pm 5:00-6:30 pm 5:30-6:30 pm 5:30-6:30 pm	9:30-12:30 pm 11:30-12:30 pm 11:30-6:00 pm 12:00-1:00 pm 5:00-6:00 pm 5:30-6:00 pm 6:00-6:30 pm 6:30-7:00 pm 5:30-6:30 pm	9:30-12:30 pm 10:00-6:00 pm 11:30-12:30 pm 11:30-12:30 pm 5:00-6:00 pm 5:30-6:30 pm			<ul style="list-style-type: none"> • London Coffee House • My Sister's Place • Ark Aid Mission • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • Youth Action Centre • My Sister's Place • St. John the Evangelist • My Sister's Place • St. John the Divine Church Hall • Rowntree Memorial • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • My Sister's Place • Youth Action Centre • Rowntree Memorial • My Sister's Place • Salvation Army Food Truck at: <ul style="list-style-type: none"> > My Sister's Place > London Coffee House > Watson Park • Ark Aid Mission 	<ul style="list-style-type: none"> • London Coffee House • YouthAction Centre • St. Paul's Social Services • My Sister's Place • My Sister's Place • Ark Aid Mission 		



Meals and Locations

<p>➤ Ark Aid Mission</p> <p><u>Until April 14th, 2026:</u> Weekends: Coffee & light snacks Mon-Fri: Dine-in (Indoor hours for community members: Weekends: 9:00 a.m. to 8:00 p.m. Mon-Fri: 1:00 p.m. to 8:00 pm)</p> <p><u>As of April 15th and until April 26th, 2026:</u> All Week: Dine-in (daily lunch: 1:30 – 3:30 p.m. and dinner: 5:30-6:30 p.m.) (Indoor hours for community members: 12:30 p.m. to 8:30 p.m.)</p> <p><u>As of April 27th, 2026:</u> Mon-Sun: Dine-in <u>dinner only</u> (Indoor hours for community members: 4:00 - 8:00 p.m.)</p> <p>* Easter dinner, served on April 2nd, will include turkey, stuffing, mashed potatoes, vegetables, gravy, and pie for dessert.</p>	<p>➤ St. Francis – St. Martin</p> <p style="text-align: right;">Dine-in</p>
<p>➤ Calvary United</p> <p>Dine-in</p>	<p>➤ St. George’s Anglican</p> <p style="text-align: right;">Dine-in</p>
<p>➤ Church of the Ascension</p> <p>1st Tuesday: Bagged lunch - 3rd Tuesday: Dine-in</p>	<p>➤ St. John the Divine Church Hall</p> <p style="text-align: right;">Dine-in hot meal and hospitality for the last ½ hour</p>
<p>➤ Hyatt Mosque</p> <p>Curbside pick-up</p>	<p>➤ St. John the Evangelist</p> <p style="text-align: right;">Tuesdays: Dine-in only - Saturdays: Dine-in until 5:00 pm & Take-out until 5:30 pm</p>
<p>➤ London Coffee House</p> <p>Light meals & snacks</p>	<p>➤ St. Jude’s (The Church of St. Jude)</p> <p style="text-align: right;">Dine-in / Take-out</p>
<p>➤ My Sister’s Place</p> <p>Women 16 years old and older ONLY (Monday-Friday from 5:00 to 6:00 p.m. snacks only, basic needs and harm reduction. Saturday-Sunday – Snacks only)</p>	<p>➤ St. Michael’s</p> <p style="text-align: right;">Dine-in</p>
<p>➤ Rowntree Memorial</p> <p>Dine-in</p>	<p>➤ St. Paul’s Social Services (a.k.a. Paul’s Place)</p> <p style="text-align: right;">Dine-in</p>
<p>➤ Salvation Army Food Truck – Operation Mobilizing Hope</p> <p>My Sister’s Place location: 566 Dundas Street London Coffee House location: 371 Hamilton Road Watson Park location: off Wellington Road</p>	<p>➤ Youth Action Centre</p> <p style="text-align: right;">Youth 16 to 24 years old ONLY. Bagged lunch and dine-in dinner.</p>
<p>➤ Salvation Army at Westminster Park Community Church</p> <p>Dine-in / Take-out</p>	<p>➤ St. Joseph’s Hospitality Centre</p> <p>➤ (St. Joe’s Café) (Not in the free meal calendar) (602 Queens Ave)</p>
<p>➤ St. Andrew Memorial</p> <p>Dine-in</p>	<p>➤ Monday-Friday: Breakfast: 9:30 - 11am, Lunch: 12-1:30 pm</p> <p>➤ Saturday complimentary meal: 11:00am -12:45 pm</p> <p>➤ Daily fee: \$0.50 breakfast, \$1 lunch</p> <p>➤ Monthly Meal Plan: \$20.00</p> <p>➤ ID Required</p>