

## MEAL PROGRAM LOCATIONS

**All Saints Church**  
249 Hamilton Road

**Ark Aid Street Mission Inc**  
696 Dundas Street @ Lyle Street

**Beth Emmanuel Church**  
430 Grey Street between Colborne/Maitland Street

**Bishop Cronyn Memorial Church**  
442 William Street @ Queens Avenue

**Calvary United Church**  
290 Ridout Street South @ Garfield Avenue

**Centre of Hope (Salvation Army Hostel)**  
281 Wellington Street @ Horton Street

**Church of the Ascension  
(Formerly East London Anglican Ministries)**  
2060 Dundas Street East

**Dundas Street Centre United Church**  
482 Dundas Street @ Maitland Street

**Elmwood Presbyterian Church (5<sup>th</sup> Saturday only)**  
111 Elmwood Avenue East @ Cathcart Street

**First Baptist Church**  
568 Richmond Street

**Grace United Church**  
818 Hamilton Road @ Glenwood Avenue

**Metropolitan United Church**  
468 Wellington Street @ Dufferin Avenue

**My Sister's Place**  
566 Dundas Street

**Rowntree Memorial United Church**  
156 Elliot Street @ Cheapside Street

**St. Alban's Church**  
1350 Huron Street @ Highbury Avenue

**St. Andrew Memorial**  
55 Foxbar Road @ Wellington Road

**St. George Anglican Church**  
227 Wharnccliffe Road North

**St James Westminster Church**  
115 Askin Street @ Wortley Road

**St Joseph's Hospitality Centre**  
707 Dundas Street @ Lyle Street

**St. John**  
280 St. James Street

**St. Luke's Anglican**  
1204 Richmond Street North

**St. Martin of Tours Church**  
46 Cathcart Street @ Elmwood Avenue East

**St. Michaels**  
511 Cheapside Street (Cheapside & Maitland)

**St. Paul's Anglican Cathedral**  
472 Richmond Street

**The Salvation Army - Hillcrest**  
310 Vesta Road (Huron Street & Highbury Avenue)

**The Salvation Army - London Citadel**  
555 Springbank Drive

**The Salvation Army - Westminster Park Community Church**  
1190 Southdale Road East @ Millbank Drive

**Trinity United Church**  
76 Doulton Street @ Hale Street (south of Dundas Street)

**Wesley Knox United Church**  
91 Askin Street @ Teresa Street

**Youth Action Centre**  
332 Richmond Street @ York Street

**Supporting Organizations Coordinating Meal Programs**  
St. Aidan's Anglican / Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colborne Street United Church, Trinity Lutheran Church, St. Michael's Roman Catholic Church, Grace Anglican Church (Ilderton), St. George's Church (Middlesex Centre)

The meals provided at St. Michael's Catholic are a collaborative activity of Northern Hospitality which includes Colborne United, New St. James Presbyterian, St. Michael's Catholic, and Trinity Lutheran churches.

## FOOD BANK LOCATIONS

**Chalmers Presbyterian Church**  
342 Pond Mills Rd. at Commissioners Rd. E., Tuesday: 1pm-2pm  
Residents of the area only, appointment required, call 519-681-7242

**Crouch Neighbourhood Resource Centre @ 550 Hamilton Rd.**  
Baby food/formula/diapers and food items available on an emergency basis only  
Tuesday, Thursday and Friday: 9am-12pm  
Wednesday: 9am-12pm, 2pm-4pm  
**\*For residents of the Hamilton Road area only\***

**Daily Bread Program**  
Daily Bread Program, St. Paul's Cathedral **\*Baby Food is available\***  
472 Richmond St. @ Queens Ave., Monday - Friday: 19:30am-12:00pm

**ELUCO (Gethsemane Gardens)**  
1461 Huron St. (at Sanford St.), Wednesday, Friday: 9:30am-12pm  
Appointment required, 519-451-0600 (for area residents only)

**Families First CAPC White Oaks (South London Community Centre)**  
1119 Jalna Blvd. Monday - Friday: 10am-3pm

**Families First CAPC Westminster**  
1043 Southdale Rd. E., Mon-Fri 9am-12pm, call first 519-649-1248  
Baby food bank for Westminster area residents, 1119 Jalna Blvd, Mon-Fri 10am-3pm

**Fanshawe College, Student Sharing Shop**  
1460 Oxford St. E., Room B1050 @ First Ave., Mon-Fri: 9am-4pm. **College students only.** Note: if *The Student Sharing Shop* is closed please go to the *Student Success Centre* at Room F2010 for assistance.

**Glen Cairn Community Resource Centre**  
244 Adelaide St. (between Thompson and Commissioners)  
Open Monday – Friday from 9am-4pm  
**\*Emergency & Baby Food Bank available to residents of Glen Cairn & Pond Mills Community - please call ahead for availability of items (519) 668-2745\***

**London and Area Food Bank**  
**\*Permitted postal code areas only for each depot\***  
926 Leathorne at Adelaide, 519-659-4045, Mon-Fri: 9am-4pm, all London & area

**Satellite Locations** (You **may not** visit both the Main and Satellite locations)  
1. Argyle Food Depot, (Richards Memorial United Church, Clarke Road Entrance, across from Argyle Mall), 10am-3pm (2<sup>nd</sup> Thursday), **N5V, N5W**  
2. NE Food Bank Depot @ Salvation Army (Huron/Highbury Ave.), 11am-3pm (3<sup>rd</sup> Wednesday), **N5V & N5Y**  
3. Impact Church, 220 Adelaide St. N., 1pm-4pm (3<sup>rd</sup> Thursday), **N6B, N5W, N5Z**  
4. Kinsmen Food Depot, Kinsmen Recreation Centre, 11am-2pm (3<sup>rd</sup> Friday) **N6A, N6C, N6H, N6J**  
5. NW Food Bank Depot at Northwest London Resource Centre, 1225 Wonderland Rd. N. c/o Sherwood Forest Library, 10am- 3:30pm (3<sup>rd</sup> Tuesday), **N6G, N6H**

**Northwest London Resource Centre**  
27A - 1225 Wonderland Rd N, 519-471-8444 or [info@nwlrcc.ca](mailto:info@nwlrcc.ca)  
**Emergency Food Cupboard for residents of N6G and N6H**  
- Mondays 9:30am-12pm & 1-4pm  
- Tuesdays 9:30am-12pm  
- Wednesdays 9:30am-12pm  
- Thursdays 1-4pm  
- Fridays 9:30am-12pm & 1-4pm

**St Vincent de Paul Society Vouchers**  
Contact the secretary or priest of any Catholic Church to arrange a home visit from a volunteer to discuss your needs. A food voucher may be issued.

**St. Paul's Cathedral**  
Daily Bread Program, 472 Richmond St. @ Queens Ave  
Monday to Friday: 9:30am-12pm, **\*Baby Food is available\***

**The Salvation Army Food Bank - Centre of Hope**  
281 Wellington Street @ Horton Street - 519-661-0343 ext. 227  
Monday, Tuesday, Thursday, Friday: 9am-4:30pm / Wednesday: 9am-6:30pm  
**\*\*Centre of Hope Food Bank is closed in December\*\***  
**\*Note\* → You may only visit one Salvation Army location each month**

**The Salvation Army Food Bank - Westminster Park Community Church**  
1190 Southdale Road East @ Millbank Drive - 519-668-0025  
Open Mondays (excluding holidays) from 10am-2pm (drop-in, no appt. needed)  
Open Thursdays (2<sup>nd</sup> & 4<sup>th</sup> of the month only) from 6:30pm-8:30pm (by appt. only)  
**\*Note\* → You may only visit one Salvation Army location each month**

**Western University, USC Food Bank - University Students only**  
24-hour anonymous "food hamper" system  
E-mail [usc.foodbank@uwo.ca](mailto:usc.foodbank@uwo.ca) to request a hamper.  
Locker number and combination provided to pick up the food hamper.  
Baby food and food vouchers are available.

**Western University - PSAC Local 610 Food Bank**  
For unit 1 and 2 members of PSAC Local 610 only  
Grocery store vouchers provided to members in need.  
Application available at [www.psac610.ca/benefits/foodbank](http://www.psac610.ca/benefits/foodbank)

**White Oaks United Church**  
1901 Jalna Blvd. @ Southdale Rd. E.  
Monday and Wednesday: 1pm-3pm, Saturday: 10am-12pm  
Residents of the area only, call 519-681-3229

**Youth Action Centre**  
332 Richmond St. @ York St., 226-777-0116  
Mon-Fri: 8am-10am and 3pm-6pm from the 15<sup>th</sup> to the end of the month for youth 16-24yrs.  
Baby Food Bank is open all month when supplies are available.

### A project of the Hunger Relief Action Coalition

Thank you to all local agencies and organizations who distribute this resource to their clients.  
[www.healthunit.com/emergency-food](http://www.healthunit.com/emergency-food) • <http://meals.informationlondon.ca>