

JULY 2017 Meals & Food Banks - A Project of the Hunger Relief Action Coalition

Meal Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Beth Emmanuel Church Community Outreach *NEW SUMMER HOURS* Monday-Thursday 10am-2pm (lunch 12pm-1:30pm) 430 Grey Street / 519-433-4311</p> <p>*ID required* Daily Fee: \$1 lunch Monthly Fee: \$15</p> <p>CLOSED ON HOLIDAYS</p>		<p>Ark Aid Street Mission Monday-Saturday @ 7pm Sunday - times as posted @ 696 Dundas Street</p> <p>CLOSED ON HOLIDAYS</p>	<p>Operation Mobilizing Hope: The Salvation Army Emergency Services Vehicle</p> <p>Tuesdays 5:45-6:10pm @ My Sister's Place (Dundas/William) Women Only</p> <p>Tuesdays 6:15-6:45pm @ Coffee House (371 Hamilton Road @ Redan)</p> <p>Tuesdays 7-7:30pm @ Covent Garden Market</p>		<p>Youth Action Centre 8am-10am & 3pm-6pm Monday-Friday @ 332 Richmond Street 226-777-0116</p> <p>(Youth 16-24 yrs)</p>	<p>9am-11am - St. James Westminster 5pm-6pm - St John</p> <p style="text-align: center;">CANADA DAY</p>
2 5:15pm - Centre of Hope 5:30pm-6:30pm - Trinity United	3	4 5:30pm-7pm - Rowntree	5 5:15pm - Centre of Hope	6	7 5:30pm - Metropolitan United	8 9am-10:30am - St. Luke's Anglican 5pm-6pm - St John
9 5:15pm - Centre of Hope	10	11 5:30pm-7pm - Rowntree	12 5:15pm - Centre of Hope	13 5:30-6:30pm - First Baptist	14 5:30pm - Metropolitan United 5pm-6pm - St. George's Anglican	15 9am-10:30am - St. Alban's 9am-11am - Calvary United 9am-11am - All Saints 5pm-6pm - St John
16 5pm-6pm - St. Martin of Tours 5:15pm - Centre of Hope	17	18 7:30am-10:30am - Church of the Ascension 5:30pm-7pm - Rowntree	19 5:15pm - Centre of Hope	20	21 5:30pm - Metropolitan United	22 5pm-6pm - St John
23 5:15pm - Centre of Hope	24	25 5:30pm-7pm - Rowntree	26 5:15pm - Centre of Hope	27	28 5:30pm - Metropolitan United 5pm-6pm - St. George's Anglican	29 9am-10:30am - Elmwood Presbyterian 9am-11am - St. Andrew Memorial 5pm-6pm - St John
30 5:15pm - Centre of Hope	31 5pm - COMMUNITY BBQ (The Salvation Army - Westminster Park Community Church)	<p>St Joseph's Hospitality Centre 9:30am-11am & 12pm-2pm Monday-Friday *ID required*</p> <p>Daily fee: \$0.50 breakfast; \$1 lunch Monthly fee: \$10 breakfast; \$15 lunch; \$25 both</p> <p style="text-align: center;">CLOSED JULY 3rd - 7th</p>		<p>My Sister's Place Mon-Fri 12pm-1pm @ 566 Dundas Street (Women only 16yrs & older)</p> <p>Youth Action Centre 8am-10am & 3pm-6pm Mon-Fri @ 332 Richmond St. (Youth 16-24yrs)</p>	<p>Streetlight Bus 7pm-9pm Tues & Thurs</p> <p>First Baptist Church @ 568 Richmond Street (Youth 16-25yrs)</p>	<p>Fellowship Centre St. Paul's 11:30am-12:30pm Monday & Wednesday @ 472 Richmond Street (Adults 20yrs and over)</p>