

MEAL PROGRAM LOCATIONS

All Saints Church
249 Hamilton Road

Ark Aid Street Mission Inc
696 Dundas Street @ Lyle Street

Beth Emmanuel Church
430 Grey Street between Colborne/Maitland Street

Bishop Cronyn Memorial Church
442 William Street @ Queens Avenue

Calvary United Church
290 Ridout Street South @ Garfield Avenue

Centre of Hope (Salvation Army Hostel)
281 Wellington Street @ Horton Street

**Church of the Ascension
(Formerly East London Anglican Ministries)**
2060 Dundas Street East

Dundas Street Centre United Church
482 Dundas Street @ Maitland Street

Elmwood Presbyterian Church (5th Saturday only)
111 Elmwood Avenue East @ Cathcart Street

First Baptist Church
568 Richmond Street

Grace United Church
818 Hamilton Road @ Glenwood Avenue

Metropolitan United Church
468 Wellington Street @ Dufferin Avenue

My Sister's Place
566 Dundas Street

Rowntree Memorial United Church
156 Elliot Street @ Cheapside Street

St. Alban's Church
1350 Huron Street @ Highbury Avenue

St. Andrew Memorial
55 Foxbar Road @ Wellington Road

St. George Anglican Church
227 Wharnccliffe Road North

St James Westminster Church
115 Askin Street @ Wortley Road

St Joseph's Hospitality Centre
707 Dundas Street @ Lyle Street

St. John
280 St. James Street

St. Luke's Anglican
1204 Richmond Street North

St. Martin of Tours Church
46 Cathcart Street @ Elmwood Avenue East

St. Michaels
511 Cheapside Street (Cheapside & Maitland)

St. Paul's Anglican Cathedral
472 Richmond Street

The Salvation Army - Hillcrest
310 Vesta Road (Huron Street & Highbury Avenue)

The Salvation Army - London Citadel
555 Springbank Drive

The Salvation Army - Westminster Park Community Church
1190 Southdale Road East @ Millbank Drive

Trinity United Church
76 Doulton Street @ Hale Street (south of Dundas Street)

Wesley Knox United Church
91 Askin Street @ Teresa Street

Youth Action Centre
332 Richmond Street @ York Street

Supporting Organizations Coordinating Meal Programs
St. Aidan's Anglican / Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colborne Street United Church, Trinity Lutheran Church, St. Michael's Roman Catholic Church, Grace Anglican Church (Ilderton), St. George's Church (Middlesex Centre)

The meals provided at St. Michael's Catholic are a collaborative activity of Northern Hospitality which includes Colborne United, New St. James Presbyterian, St. Michael's Catholic, and Trinity Lutheran churches.

FOOD BANK LOCATIONS

Chalmers Presbyterian Church **CLOSED JULY & AUGUST**

342 Pond Mills Rd. at Commissioners Rd. E., Tuesday: 1pm-2pm
Residents of the area only, appointment required, call 519-681-7242

Crouch Neighbourhood Resource Centre @ 550 Hamilton Rd.
Baby food/formula/diapers and food items available on an emergency basis only
Tuesday, Thursday and Friday: 9am-12pm
Wednesday: 9am-12pm, 2pm-4pm
For residents of the Hamilton Road area only

Daily Bread Program
Daily Bread Program, St. Paul's Cathedral ***Baby Food is available***
472 Richmond St. @ Queens Ave., Monday - Friday: 19:30am-12:00pm

ELUCO (Gethsemane Gardens)
1461 Huron St. (at Sanford St.), Wednesday, Friday: 9:30am-12pm
Appointment required, 519-451-0600 (for area residents only)

Families First CAPC White Oaks (South London Community Centre)
1119 Jalna Blvd. Monday - Friday: 10am-3pm

Families First CAPC Westminster
1043 Southdale Rd. E., Mon-Fri 9am-12pm, call first 519-649-1248
Baby food bank for Westminster area residents, 1119 Jalna Blvd, Mon-Fri 10am-3pm

Fanshawe College, Student Sharing Shop
1460 Oxford St. E., Room B1050 @ First Ave., Mon-Fri: 9am-4pm. **College students only.** Note: if The Student Sharing Shop is closed please go to the Student Success Centre at Room F2010 for assistance.

Glen Cairn Community Resource Centre
244 Adelaide St. (between Thompson and Commissioners)
Open Monday - Friday from 9am-4pm
Emergency & Baby Food Bank available to residents of Glen Cairn & Pond Mills Community - please call ahead for availability of items (519) 668-2745

London and Area Food Bank
Permitted postal code areas only for each depot
926 Leathorne at Adelaide, 519-659-4045, Mon-Fri: 9am-4pm, all London & area

Satellite Locations (You **may not** visit both the Main and Satellite locations)
1. Argyle Food Depot, (Richards Memorial United Church, Clarke Road Entrance, across from Argyle Mall), 10am-3pm (2nd Thursday), **N5V, N5W**
2. NE Food Bank Depot @ Salvation Army (Huron/Highbury Ave.), 11am-3pm (3rd Wednesday), **N5V & N5Y**
3. Impact Church, 220 Adelaide St. N., 1pm-4pm (3rd Thursday), **N6B, N5W, N5Z**
4. Kinsmen Food Depot, Kinsmen Recreation Centre, 11am-2pm (3rd Friday) **N6A, N6C, N6H, N6J**
5. NW Food Bank Depot at Northwest London Resource Centre, 1225 Wonderland Rd. N. c/o Sherwood Forest Library, 10am- 3:30pm (3rd Tuesday), **N6G, N6H**

Northwest London Resource Centre
27A - 1225 Wonderland Rd N, 519-471-8444 or info@nwlrcc.ca
Emergency Food Cupboard for residents of N6G and N6H
- Mondays 9:30am-12pm & 1-4pm
- Tuesdays 9:30am-12pm
- Wednesdays 9:30am-12pm
- Thursdays 1-4pm
- Fridays 9:30am-12pm & 1-4pm

St Vincent de Paul Society Vouchers
Contact the secretary or priest of any Catholic Church to arrange a home visit from a volunteer to discuss your needs. A food voucher may be issued.

St. Paul's Cathedral
Daily Bread Program, 472 Richmond St. @ Queens Ave
Monday to Friday: 9:30am-12pm, ***Baby Food is available***

The Salvation Army Food Bank - Centre of Hope
281 Wellington Street @ Horton Street - 519-661-0343 ext. 227
Monday, Tuesday, Thursday, Friday: 9am-4:30pm / Wednesday: 9am-6:30pm
****Centre of Hope Food Bank is closed in December****
***Note* → You may only visit one Salvation Army location each month**

The Salvation Army Food Bank - Westminster Park Community Church
1190 Southdale Road East @ Millbank Drive - 519-668-0025
Open Mondays (excluding holidays) and Wednesdays from 10am-2pm
***Note* → You may only visit one Salvation Army location each month**

Western University, USC Food Bank - University Students only
24-hour anonymous "food hamper" system
E-mail usc.foodbank@uwo.ca to request a hamper.
Locker number and combination provided to pick up the food hamper.
Baby food and food vouchers are available.

Western University - PSAC Local 610 Food Bank
For unit 1 and 2 members of PSAC Local 610 only
Grocery store vouchers provided to members in need.
Application available at www.psac610.ca/benefits/foodbank

White Oaks United Church
1901 Jalna Blvd. @ Southdale Rd. E.
Monday and Wednesday: 1pm-3pm, Saturday: 10am-12pm
Residents of the area only, call 519-681-3229

Youth Action Centre
332 Richmond St. @ York St., 226-777-0116
Mon-Fri: 8am-10am and 3pm-6pm from the 15th to the end of the month for youth 16-24yrs.
Baby Food Bank is open all month when supplies are available.

A project of the Hunger Relief Action Coalition

Thank you to all local agencies and organizations who distribute this resource to their clients.
www.healthunit.com/emergency-food • <http://meals.informationlondon.ca>