

# AUGUST 2017 Meals & Food Banks - A Project of the Hunger Relief Action Coalition

# Meal Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b><u>Beth Emmanuel Church Community Outreach</u></b>  <b>*NEW SUMMER HOURS*</b>                      Monday-Thursday 10am-2pm (lunch 12pm-1:30pm)                      430 Grey Street / 519-433-4311                      *ID required*                      Daily Fee: \$1 lunch    Monthly Fee: \$15                      CLOSED ON HOLIDAYS</p>		<p><b><u>Ark Aid Street Mission</u></b>                      Monday-Saturday @ 7pm                      Sunday - times as posted                      @ 696 Dundas Street                      CLOSED ON HOLIDAYS</p>	<p><b><u>Operation Mobilizing Hope: The Salvation Army Emergency Services Vehicle</u></b>                      Tuesdays 5:45-6:10pm @ My Sister's Place                      (Dundas/William) Women Only                      Tuesdays 6:15-6:45pm @ Coffee House                      (371 Hamilton Road @ Redan)</p>		<p><b><u>Youth Action Centre</u></b>                      8am-10am &amp; 3pm-6pm                      Monday-Friday                      @ 332 Richmond Street                      226-777-0116                      (Youth 16-24 yrs)</p>	<p><b><u>Streetlight Bus</u></b>                      7pm-9pm Tues &amp; Thurs                      First Baptist Church                      @ 568 Richmond Street                      (Youth 16-25yrs)</p>
	<p><b><u>St Joseph's Hospitality Centre</u></b>                      9:30am-11am &amp; 12pm-2pm                      Monday-Friday *ID required*                      Daily fee: \$0.50 breakfast; \$1 lunch                      Monthly fee: \$10 breakfast; \$15 lunch; \$25 both</p>	1	2	3	4	5
		5:30pm-7pm - Rowntree	11am-2pm North London Intercommunity Health Centre 5:15pm - Centre of Hope		5:30pm - Metropolitan United	9am-11am - St. James Westminster 5pm-6pm - St John
6	7	8	9	10	11	12
5:15pm - Centre of Hope 5:30pm-6:30pm - Trinity United	<b>CIVIC HOLIDAY</b>	5:30pm-7pm - Rowntree	11am-2pm North London Intercommunity Health Centre 5:15pm - Centre of Hope	5:30-6:30pm - First Baptist	5:30pm - Metropolitan United 5pm-6pm - St. George's Anglican	9am-10:30am - St. Luke's Anglican 5pm-6pm - St John
13	14	15	16	17	18	19
5:15pm - Centre of Hope		7:30am-10:30am - Church of the Ascension 5:30pm-7pm - Rowntree	11am-2pm North London Intercommunity Health Centre 5:15pm - Centre of Hope		5:30pm - Metropolitan United	9am-10:30am - St. Alban's 9am-11am - Calvary United 9am-11am - All Saints 5pm-6pm - St John
20	21	22	23	24	25	26
5pm-6pm - St. Martin of Tours 5:15pm - Centre of Hope		5:30pm-7pm - Rowntree	11am-2pm North London Intercommunity Health Centre 5:15pm - Centre of Hope		5:30pm - Metropolitan United 5pm-6pm - St. George's Anglican	9am-10:30am - St. Martin of Tours 9am-11am - St. Andrew Memorial 5pm-6pm - St John
27	28	29	30	31		
5:15pm - Centre of Hope		5:30pm-7pm - Rowntree	11am-2pm North London Intercommunity Health Centre 5:15pm - Centre of Hope		<p><b><u>My Sister's Place</u></b>                      Mon-Fri 12pm-1pm                      @ 566 Dundas Street                      (Women only 16yrs &amp; older)  <b><u>Youth Action Centre</u></b>                      8am-10am &amp; 3pm-6pm                      Mon-Fri @ 332 Richmond St.                      (Youth 16-24yrs)</p>	<p><b><u>Fellowship Centre St. Paul's</u></b>                      11:30am-12:30pm                      Monday &amp; Wednesday                      @ 472 Richmond Street                      (Adults 20yrs and over)</p>