

AUGUST 2017 Meals & Food Banks - A Project of the Hunger Relief Action Coalition

Meal Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Beth Emmanuel Church Community Outreach</u> *NEW SUMMER HOURS* Monday-Thursday 10am-2pm (lunch 12pm-1:30pm) 430 Grey Street / 519-433-4311 *ID required* Daily Fee: \$1 lunch Monthly Fee: \$15 CLOSED ON HOLIDAYS</p>		<p><u>Ark Aid Street Mission</u> Monday-Saturday @ 7pm Sunday - times as posted @ 696 Dundas Street CLOSED ON HOLIDAYS</p>	<p><u>Operation Mobilizing Hope: The Salvation Army Emergency Services Vehicle</u> Tuesdays 5:45-6:10pm @ My Sister's Place (Dundas/William) Women Only Tuesdays 6:15-6:45pm @ Coffee House (371 Hamilton Road @ Redan) Tuesdays 7-7:30pm @ Covent Garden Market</p>		<p><u>Youth Action Centre</u> 8am-10am & 3pm-6pm Monday-Friday @ 332 Richmond Street 226-777-0116 (Youth 16-24 yrs)</p>	<p><u>Streetlight Bus</u> 7pm-9pm Tues & Thurs First Baptist Church @ 568 Richmond Street (Youth 16-25yrs)</p>
	<p><u>St Joseph's Hospitality Centre</u> 9:30am-11am & 12pm-2pm Monday-Friday *ID required* Daily fee: \$0.50 breakfast; \$1 lunch Monthly fee: \$10 breakfast; \$15 lunch; \$25 both</p>	1	2	3	4	5
		5:30pm-7pm - Rowntree	11am-2pm North London Intercommunity Health Centre 5:15pm - Centre of Hope		5:30pm - Metropolitan United	9am-11am - St. James Westminster 5pm-6pm - St John
6	7	8	9	10	11	12
5:15pm - Centre of Hope 5:30pm-6:30pm - Trinity United	CIVIC HOLIDAY	5:30pm-7pm - Rowntree	11am-2pm North London Intercommunity Health Centre 5:15pm - Centre of Hope	5:30-6:30pm - First Baptist	5:30pm - Metropolitan United 5pm-6pm - St. George's Anglican	9am-10:30am - St. Luke's Anglican 5pm-6pm - St John
13	14	15	16	17	18	19
5:15pm - Centre of Hope		7:30am-10:30am - Church of the Ascension 5:30pm-7pm - Rowntree	11am-2pm North London Intercommunity Health Centre 5:15pm - Centre of Hope		5:30pm - Metropolitan United	9am-10:30am - St. Alban's 9am-11am - Calvary United 9am-11am - All Saints 5pm-6pm - St John
20	21	22	23	24	25	26
5pm-6pm - St. Martin of Tours 5:15pm - Centre of Hope		5:30pm-7pm - Rowntree	11am-2pm North London Intercommunity Health Centre 5:15pm - Centre of Hope		5:30pm - Metropolitan United 5pm-6pm - St. George's Anglican	9am-10:30am - St. Martin of Tours 9am-11am - St. Andrew Memorial 5pm-6pm - St John
27	28	29	30	31		
5:15pm - Centre of Hope		5:30pm-7pm - Rowntree	11am-2pm North London Intercommunity Health Centre 5:15pm - Centre of Hope		<p><u>My Sister's Place</u> Mon-Fri 12pm-1pm @ 566 Dundas Street (Women only 16yrs & older) <u>Youth Action Centre</u> 8am-10am & 3pm-6pm Mon-Fri @ 332 Richmond St. (Youth 16-24yrs)</p>	<p><u>Fellowship Centre St. Paul's</u> 11:30am-12:30pm Monday & Wednesday @ 472 Richmond Street (Adults 20yrs and over)</p>