

**SEPTEMBER 2017**

**Meals & Food Banks - A Project of the Hunger Relief Action Coalition**

**Meal Calendar**

| <i>Sunday</i>   | <i>Monday</i>   | <i>Tuesday</i>   | <i>Wednesday</i>  | <i>Thursday</i>   | <i>Friday</i>  | <i>Saturday</i>   |
|---|---|--|---|---|--|---|
| <p><b>Beth Emmanuel Church Community Outreach</b><br/> <b>Monday &amp; Friday 11am-2pm</b> (lunch served from 12pm-1pm)<br/> <b>Tuesday-Thursday 11am-4pm</b> (lunch served from 12pm-1pm)<br/>                     430 Grey Street / 519-433-4311<br/>                     *ID required*<br/>                     Daily Fee: \$1 lunch – Monthly Fee: \$15<br/>                     CLOSED ON HOLIDAYS</p> |   | <p><b>My Sister's Place</b><br/> <b>12pm-1pm</b><br/> <b>Monday-Friday</b><br/>                     @ 566 Dundas Street<br/>                     (Women only 16yrs &amp; older)</p>  | <p><b>St Joseph's Hospitality Centre</b><br/> <b>9:30am-11am &amp; 12pm-2pm</b><br/>                     Monday-Friday<br/>                     *ID required*<br/>                     Daily fee: \$0.50 breakfast; \$1 lunch<br/>                     Monthly fee: \$10 breakfast; \$15 lunch; \$25 both</p> |   | <p><b>Ark Aid Street Mission</b><br/> <b>Monday-Saturday @ 7pm</b><br/> <b>Sunday - times as posted</b><br/>                     @ 696 Dundas Street<br/>                     (CLOSED ON HOLIDAYS)</p> | <p><b>Streetlight Bus</b><br/> <b>7pm-9pm</b><br/> <b>Tuesday &amp; Thursday</b><br/> <b>First Baptist Church</b><br/>                     @ 568 Richmond Street<br/>                     (Youth 16-25yrs)</p>                        |
| <p><b>Youth Action Centre</b><br/> <b>8am-10am &amp; 3pm-6pm</b><br/> <b>Monday-Friday</b><br/>                     @ 332 Richmond Street<br/>                     (Youth 16-24 yrs)</p>  | <p><b>Fellowship Centre St. Paul's</b><br/> <b>11:30am-12:30pm</b><br/> <b>Monday &amp; Wednesday</b><br/>                     @ 472 Richmond Street<br/>                     (Adults 20yrs and over)</p> | <p><b>Operation Mobilizing Hope: The Salvation Army</b><br/> <b>Emergency Services Vehicle</b><br/>                     Tuesdays <b>5:45-6:10pm @ My Sister's Place</b><br/>                     (Dundas/William) <b>Women Only</b><br/>                     Tuesdays <b>6:15-6:45pm @ Coffee House</b><br/>                     (371 Hamilton Road @ Redan)<br/>                     Tuesdays <b>7-7:30pm @ York/Talbot</b> (across from bus station)</p> |   |   | <p>1<br/>                     5:30pm - <b>Metropolitan United</b></p>  | <p>2<br/>                     9am-11am - <b>St. James Westminster</b></p>   |
| <p>3<br/>                     4:45pm-6pm - <b>Centre of Hope</b><br/>                     5:30pm-6:30pm - <b>Trinity United</b></p>   | <p>4<br/> <b>LABOUR DAY</b></p>   | <p>5<br/>                     5:30pm-7pm - <b>Rowntree</b></p>   | <p>6<br/>                     11am-1pm - <b>The Salvation Army - Highbury/Huron (Hillcrest)</b><br/>                     (meal served from 12pm-1pm)<br/>                     4:45pm-6pm - <b>Centre of Hope</b></p>  | <p>7</p>  | <p>8<br/>                     5:30pm - <b>Metropolitan United</b><br/>                     5pm-6pm - <b>St. George's Anglican</b></p>  | <p>9<br/>                     8:45am-10:30am - <b>Wesley Knox</b><br/>                     9am-10:30am - <b>St. Luke's Anglican</b><br/>                     5pm-6pm - <b>St John</b></p>   |
| <p>10<br/>                     9am-9:30am - <b>The Salvation Army - Westminster Park Community Church</b><br/>                     4:45pm-6pm - <b>Centre of Hope</b></p>   | <p>11<br/>                     5pm-5:30pm - <b>The Salvation Army - Westminster Park Community Church</b><br/>                     5:30pm-6:30pm - <b>St Michaels</b></p>                                 | <p>12<br/>                     5:30pm-7pm - <b>Rowntree</b></p>  | <p>13<br/>                     11am-1pm - <b>The Salvation Army - Highbury/Huron (Hillcrest)</b><br/>                     (meal served from 12pm-1pm)<br/>                     4:45pm-6pm - <b>Centre of Hope</b></p>   | <p>14<br/>                     5:30-6:30pm - <b>First Baptist</b></p> | <p>15<br/>                     5:30pm - <b>Metropolitan United</b></p>   | <p>16<br/>                     9am-10:30am - <b>St. Alban's</b><br/>                     9am-11am - <b>Calvary United</b><br/>                     9am-11am - <b>All Saints</b><br/>                     5pm-6pm - <b>St John</b></p> |
| <p>17<br/>                     9am-9:30am - <b>The Salvation Army - Westminster Park Community Church</b><br/>                     4:45pm-6pm - <b>Centre of Hope</b><br/>                     5pm-6pm - <b>St. Martin of Tours</b></p>   | <p>18<br/>                     5pm-5:30pm - <b>The Salvation Army - Westminster Park Community Church</b><br/>                     5:30pm-6:30pm - <b>St Michaels</b></p>                                 | <p>19<br/>                     7:30am-10:30am - <b>Church of the Ascension</b><br/>                     5:30pm-7pm - <b>Rowntree</b></p>   | <p>20<br/>                     11am-1pm - <b>The Salvation Army - Highbury/Huron (Hillcrest)</b><br/>                     (meal served from 12pm-1pm)<br/>                     4:45pm-6pm - <b>Centre of Hope</b></p>   | <p>21</p>   | <p>22<br/>                     5:30pm - <b>Metropolitan United</b><br/>                     5pm-6pm - <b>St. George's Anglican</b></p>   | <p>23<br/>                     9am-10:30am - <b>St. Martin of Tours</b><br/>                     5pm-6pm - <b>St John</b></p>   |
| <p>24<br/>                     9am-9:30am - <b>The Salvation Army - Westminster Park Community Church</b><br/>                     4:45pm-6pm - <b>Centre of Hope</b><br/>                     5:30pm - <b>Lawyers Feed the Hungry (St. Paul's Cathedral)</b><br/>                     5pm-6pm - <b>Wesley Knox</b></p>   | <p>25<br/>                     5pm-5:30pm - <b>The Salvation Army - Westminster Park Community Church</b><br/>                     5:30pm-6:30pm - <b>St Michaels</b></p>                                 | <p>26<br/>                     5:30pm-7pm - <b>Rowntree</b></p>  | <p>27<br/>                     11am-1pm - <b>The Salvation Army - Highbury/Huron (Hillcrest)</b><br/>                     (meal served from 12pm-1pm)<br/>                     5:15pm - <b>Centre of Hope</b></p>   | <p>28</p>   | <p>29<br/>                     5:30pm - <b>Metropolitan United</b></p>   | <p>30<br/>                     9am-10:30am - <b>Elmwood Presbyterian</b><br/>                     9am-11am - <b>St. Andrew Memorial</b><br/>                     5pm-6pm - <b>St John</b></p>   |