

# MARCH 2019 – MEAL PROGRAMS & FOOD BANK LOCATIONS

**\* If you have questions about any of the meals or food banks, please contact the organization providing the meal or food bank. \***

MEALS PROGRAMS	FOOD BANK LOCATION
<p><b>All Saints Church</b> 249 Hamilton Road @ Inkerman Street</p> <p><b>Ark Aid Street Mission Inc.</b> 696 Dundas Street @ Lyle Street</p> <p><b>Beth Emanuel Church</b> 430 Grey Street (between Colborne &amp; Maitland)</p> <p><b>Bishop Cronyn Memorial Church</b> 442 William Street @ Queens Avenue</p> <p><b>Calvary United Church</b> 290 Ridout Street South @ Garfield Avenue</p> <p><b>Centre of Hope (Salvation Army Hostel)</b> 281 Wellington Street @ Horton Street</p> <p><b>Church of the Ascension</b> 2060 Dundas Street East (between Speight &amp; Carlyle)</p> <p><b>Dundas Street Centre United Church</b> 482 Dundas Street @ Maitland Street</p> <p><b>Elmwood Presbyterian Church</b> 111 Elmwood Avenue East @ Cathcart Street</p> <p><b>First Baptist Church</b> 568 Richmond Street @ Albert Street</p> <p><b>Metropolitan United Church</b> 468 Wellington Street @ Dufferin Avenue</p> <p><b>My Sister's Place</b> 566 Dundas Street (between William &amp; Adelaide)</p> <p><b>Rowntree Memorial United Church</b> 156 Elliot Street @ Cheapside Street</p> <p><b>St. Alban's Church</b> 1350 Huron Street @ Highbury Avenue</p> <p><b>St. Andrew Memorial Church</b> 55 Foxbar Road @ Wellington Road</p> <p><b>St. George Anglican Church</b> 227 Wharmcliffe Road North @ St. Patrick Street</p> <p><b>St. James Westminster Church</b> 115 Askin Street @ Wortley Road</p> <p><b>St. Joseph's Hospitality Centre</b> 707 Dundas Street East @ Lyle Street</p> <p><b>St. John the Evangelist Anglican Church</b> 280 St. James Street @ Wellington Street</p> <p><b>St. Luke's Anglican Church</b> 1204 Richmond Street North @ Bernard Avenue</p> <p><b>St. Martin of Tours Parish</b> 46 Cathcart Street @ Duchess Avenue</p> <p><b>St. Michael's Catholic Parish</b> 511 Cheapside Street @ Maitland Street</p> <p><b>St. Paul's Anglican Cathedral</b> 472 Richmond Street @ Queens Avenue</p> <p><b>The Salvation Army – Hillcrest</b> 310 Vesta Road @ Huron Street</p> <p><b>The Salvation Army – London Citadel</b> 555 Springbank Drive @ Berkshire Drive</p> <p><b>The Salvation Army – Westminster Park Community Church</b> 1190 Southdale Road East @ Millbank Drive</p> <p><b>Trinity United Church</b> 76 Doulton Street @ Hale Street</p> <p><b>Wesley Knox United Church</b> 91 Askin Street @ Teresa Street</p> <p><b>Youth Action Centre</b> 332 Richmond Street @ York Street</p> <p><b>Supporting Organizations Coordinating Meal Programs:</b> <i>St. Aidan's Anglican / Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colborne Street United Church, Trinity Lutheran Church, St. Michael's Roman Catholic Church*, Grace Anglican Church (Ilderton), St. George's Church (Middlesex Centre)</i></p> <p><i>*The meals provided at St. Michael's Catholic are a collaborative activity of Northern Hospitality which includes Colborne United, New St. James Presbyterian, St. Michael's Catholic, and Trinity Lutheran churches.</i></p>	<p><b>Chalmers Presbyterian Church</b> 342 Pond Mills Rd. at Commissioners Rd. E., Tuesday: 1pm-2pm Residents of the area only, appointment required, call 519-681-7242</p> <p><b>Crouch Neighbourhood Resource Centre @ 550 Hamilton Rd.</b> Baby food/formula/diapers and food items available on an emergency basis only Tuesday, Thursday and Friday: 9am-12pm Wednesday: 9am-12pm, 2pm-4pm <b>*For residents of the Hamilton Road area only*</b></p> <p><b>ELUCO (Gethsemane Gardens)</b> 1461 Huron St. (at Sanford St.), Wednesday, Friday: 9:30am-12pm Appointment required, 519-451-0600 (for area residents only)</p> <p><b>Families First CAPC White Oaks (South London Community Centre)</b> 1119 Jalna Blvd. Monday - Friday: 10am-3pm</p> <p><b>Families First CAPC Westminster</b> Family Centre Westminster 690 Osgood Drive, Monday - Friday: 9am-12pm Call first: 519-649-1248</p> <p><b>Fanshawe College - Student Sharing Shop</b> 1460 Oxford St. E., Room B1050 @ First Ave., Mon-Fri: 9am-4pm. <b>College students only.</b> Note: if The Student Sharing Shop is closed please go to the Student Success Centre at Room F2010 for assistance.</p> <p><b>Glen Cairn Community Resource Centre</b> 244 Adelaide St. (between Thompson and Commissioners) Centre open Monday - Thursday between 9am – 4pm <b>FOOD CUPBOARD</b> open Tuesdays &amp; Thursday ONLY between 10am – 2pm <b>*Emergency &amp; Baby Food Bank available to residents of Glen Cairn &amp; Pond Mills Community - please call ahead for availability of items 519-668-2745*</b></p> <p><b>London and Area Food Bank</b> <b>*Permitted postal code areas only for each depot*</b> 926 Leathorne at Adelaide, 519-659-4045, Mon-Fri: 9am-4pm, all London &amp; area</p> <p><b>Satellite Locations</b> (You <b>may not</b> visit both the Main and Satellite locations) 1. Argyle Food Depot, (Richards Memorial United Church, Clarke Road Entrance, across from Argyle Mall), 10am-3pm (2nd Thursday), <b>N5V, N5W</b> 2. NE Food Bank Depot @ Salvation Army (Huron/Highbury Ave.), 11am-3pm (3rd Wednesday), <b>N5V &amp; N5Y</b> 3. Impact Church, 220 Adelaide St. N., 1pm-4pm (3rd Thursday), <b>N6B, N5W, N5Z</b> 4. St. George's Anglican Church, 227 Wharmcliffe Rd. N, 11:30am-1:30 pm (3rd Friday) <b>N6A, N6C, N6H, N6J</b> 5. NW Food Bank Depot at Northwest London Resource Centre, 1225 Wonderland Rd. N. c/o Sherwood Forest Library, 10am- 3:30pm (3rd Tuesday), <b>N6G, N6H</b></p> <p><b>Northwest London Resource Centre</b> 27A - 1225 Wonderland Rd N, 519-471-8444 or <a href="mailto:info@nwlr.ca">info@nwlr.ca</a> Emergency Food Cupboard for residents of N6G and N6H <b>Residents should call (519-471-8444) or check the website (<a href="http://nwlr.ca">nwlr.ca</a>) for the most up-to-date hours.</b></p> <p><b>St Vincent de Paul Society Vouchers</b> Contact the secretary or priest of any Catholic Church to arrange a home visit from a volunteer to discuss your needs. A food voucher may be issued.</p> <p><b>St. Paul's Social Services Food Bank</b> St. Paul's Cathedral, 472 Richmond St. @ Queens Ave. Monday - Friday: 9:30am-12:00pm <b>*Baby Food is available*</b></p> <p><b>The Salvation Army Food Bank - Centre of Hope</b> 281 Wellington Street @ Horton Street - 519-661-0343 ext. 227 Monday - Friday: 9am-4:30pm / 2<sup>nd</sup> &amp; 3<sup>rd</sup> Wednesday: 9am-6pm <b>**Centre of Hope Food Bank is closed in December**</b> <b>*Note* → You may only visit one Salvation Army location each month</b></p> <p><b>The Salvation Army Food Bank - Westminster Park Community Church</b> 1190 Southdale Road East @ Millbank Drive, 519-668-0025 Open Mondays (excluding holidays) from 9am-3pm (drop-in, no appt. needed) <b>*Note* → You may only visit one Salvation Army location each month</b></p> <p><b>Western University, USC Food Bank - University Students Only</b> 24-hour anonymous "food hamper" system E-mail <a href="mailto:usc.foodbank@uwo.ca">usc.foodbank@uwo.ca</a> to request a hamper. Locker number and combination provided to pick up the food hamper. Baby food and food vouchers are available.</p> <p><b>Western University - PSAC Local 610 Food Bank</b> For unit 1 and 2 members of PSAC Local 610 only Grocery store vouchers provided to members in need. Application available at <a href="http://www.psa610.ca/benefits/foodbank">www.psa610.ca/benefits/foodbank</a></p> <p><b>White Oaks United Church</b> 1901 Jalna Blvd. @ Southdale Rd. E. Monday and Wednesday: 1pm-3pm, Saturday: 10am-12pm Residents of the area only, call 519-681-3229</p> <p><b>Youth Action Centre</b> 332 Richmond St. @ York St., 226-777-0116 Mon-Fri: 8am-10am and 3pm-6pm from the 15th to the end of the month for youth 16-24yrs. Baby Food Bank is open all month when supplies are available.</p>