

# APRIL 2018 – MEAL PROGRAMS & FOOD BANK LOCATIONS

| MEALS PROGRAMS  | FOOD BANK LOCATION   |
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| <p><b>All Saints Church</b><br/>249 Hamilton Road @ Inkerman Street</p> <p><b>Ark Aid Street Mission Inc.</b><br/>696 Dundas Street @ Lyle Street</p> <p><b>Beth Emmanuel Church</b><br/>430 Grey Street (between Colborne &amp; Maitland)</p> <p><b>Bishop Cronyn Memorial Church</b><br/>442 William Street @ Queens Avenue</p> <p><b>Calvary United Church</b><br/>290 Ridout Street South @ Garfield Avenue</p> <p><b>Centre of Hope (Salvation Army Hostel)</b><br/>281 Wellington Street @ Horton Street</p> <p><b>Church of the Ascension</b><br/>2060 Dundas Street East (between Speight &amp; Carlyle)</p> <p><b>Dundas Street Centre United Church</b><br/>482 Dundas Street @ Maitland Street</p> <p><b>Elmwood Presbyterian Church</b><br/>111 Elmwood Avenue East @ Cathcart Street</p> <p><b>First Baptist Church</b><br/>568 Richmond Street @ Albert Street</p> <p><b>Grace United Church</b><br/>818 Hamilton Road @ Glenwood Avenue</p> <p><b>Metropolitan United Church</b><br/>468 Wellington Street @ Dufferin Avenue</p> <p><b>My Sister's Place</b><br/>566 Dundas Street (between William &amp; Adelaide)</p> <p><b>Rowntree Memorial United Church</b><br/>156 Elliot Street @ Cheapside Street</p> <p><b>St. Alban's Church</b><br/>1350 Huron Street @ Highbury Avenue</p> <p><b>St. Andrew Memorial Church</b><br/>55 Foxbar Road @ Wellington Road</p> <p><b>St. George Anglican Church</b><br/>227 Wharnccliffe Road North @ St. Patrick Street</p> <p><b>St. James Westminster Church</b><br/>115 Askin Street @ Wortley Road</p> <p><b>St. Joseph's Hospitality Centre</b><br/>707 Dundas Street East @ Lyle Street</p> <p><b>St. John the Evangelist Anglican Church</b><br/>280 St. James Street @ Wellington Street</p> <p><b>St. Luke's Anglican Church</b><br/>1204 Richmond Street North @ Bernard Avenue</p> <p><b>St. Martin of Tours Parish</b><br/>46 Cathcart Street @ Duchess Avenue</p> <p><b>St. Michael's Catholic Parish</b><br/>511 Cheapside Street @ Maitland Street</p> <p><b>St. Paul's Anglican Cathedral</b><br/>472 Richmond Street @ Queens Avenue</p> <p><b>The Salvation Army – Hillcrest</b><br/>310 Vesta Road @ Huron Street</p> <p><b>The Salvation Army – London Citadel</b><br/>555 Springbank Drive @ Berkshire Drive</p> <p><b>The Salvation Army – Westminster Park Community Church</b><br/>1190 Southdale Road East @ Millbank Drive</p> <p><b>Trinity United Church</b><br/>76 Doulton Street @ Hale Street</p> <p><b>Wesley Knox United Church</b><br/>91 Askin Street @ Teresa Street</p> <p><b>Youth Action Centre</b><br/>332 Richmond Street @ York Street</p> | <p><b>Chalmers Presbyterian Church</b><br/>342 Pond Mills Rd. at Commissioners Rd. E., Tuesday: 1pm-2pm<br/>Residents of the area only, appointment required, call 519-681-7242</p> <p><b>Crouch Neighbourhood Resource Centre @ 550 Hamilton Rd.</b><br/>Baby food/formula/diapers and food items available on an emergency basis only<br/>Tuesday, Thursday and Friday: 9am-12pm<br/>Wednesday: 9am-12pm, 2pm-4pm<br/><b>*For residents of the Hamilton Road area only*</b></p> <p><b>St. Paul's Social Services Food Bank</b><br/>St. Paul's Cathedral, 472 Richmond St. @ Queens Ave.<br/>Monday - Friday: 9:30am-12:00pm<br/><b>*Baby Food is available*</b></p> <p><b>ELUCO (Gethsemane Gardens)</b><br/>1461 Huron St. (at Sanford St.), Wednesday, Friday: 9:30am-12pm<br/>Appointment required, 519-451-0600 <b>(for area residents only)</b></p> <p><b>Families First CAPC White Oaks (South London Community Centre)</b><br/>1119 Jalna Blvd. Monday - Friday: 10am-3pm</p> <p><b>Families First CAPC Westminster</b><br/>Family Centre Westminster<br/>690 Osgood Drive, Monday - Friday: 9am-12pm<br/>Call first: 519-649-1248</p> <p><b>Fanshawe College - Student Sharing Shop</b><br/>1460 Oxford St. E., Room B1050 @ First Ave., Mon-Fri: 9am-4pm. <b>College students only.</b><br/>Note: if The Student Sharing Shop is closed please go to the Student Success Centre at Room F2010 for assistance.</p> <p><b>Glen Cairn Community Resource Centre</b><br/>244 Adelaide St. (between Thompson and Commissioners)<br/>Open Monday - Thursday from 9am-4pm<br/><b>*Emergency &amp; Baby Food Bank available to residents of Glen Cairn &amp; Pond Mills Community - please call ahead for availability of items (519) 668-2745*</b></p> <p><b>London and Area Food Bank</b><br/><b>*Permitted postal code areas only for each depot*</b><br/>926 Leathorne at Adelaide, 519-659-4045, Mon-Fri: 9am-4pm, all London &amp; area</p> <p><b>Satellite Locations</b> (You <b>may not</b> visit both the Main and Satellite locations)<br/>1. Argyle Food Depot, (Richards Memorial United Church, Clarke Road Entrance, across from Argyle Mall), 10am-3pm (2nd Thursday), <b>N5V, N5W</b><br/>2. NE Food Bank Depot @ Salvation Army (Huron/Highbury Ave.), 11am-3pm (3rd Wednesday), <b>N5V &amp; N5Y</b><br/>3. Impact Church, 220 Adelaide St. N., 1pm-4pm (3rd Thursday), <b>N6B, N5W, N5Z</b><br/>4. St. George's Anglican Church, 227 Wharnccliffe Rd. N, 11:30am-2:30 pm (3rd Friday) <b>N6A, N6C, N6H, N6J</b><br/>5. NW Food Bank Depot at Northwest London Resource Centre, 1225 Wonderland Rd. N. c/o Sherwood Forest Library, 10am- 3:30pm (3rd Tuesday), <b>N6G, N6H</b></p> <p><b>Northwest London Resource Centre</b><br/>27A - 1225 Wonderland Rd N, 519-471-8444 or <a href="mailto:info@nwlr.ca">info@nwlr.ca</a><br/><b>Emergency Food Cupboard for residents of N6G and N6H</b><br/><b>Residents should call (519-471-8444) or check the website (<a href="http://nwlr.ca">nwlr.ca</a>) for the most up-to-date hours.</b></p> <p><b>St Vincent de Paul Society Vouchers</b><br/>Contact the secretary or priest of any Catholic Church to arrange a home visit from a volunteer to discuss your needs. A food voucher may be issued.</p> <p><b>St. Paul's Cathedral</b><br/>Daily Bread Program, 472 Richmond St. @ Queens Ave<br/>Monday to Friday: 9:30am-12pm, <b>*Baby Food is available*</b></p> <p><b>The Salvation Army Food Bank - Centre of Hope</b><br/>281 Wellington Street @ Horton Street - 519-661-0343 ext. 227<br/>Monday, Tuesday, Thursday, Friday: 9am-4:30pm / Wednesday: 9am-6:30pm<br/><b>**Centre of Hope Food Bank is closed in December**</b><br/><b>*Note* → You may only visit one Salvation Army location each month</b></p> <p><b>The Salvation Army Food Bank - Westminster Park Community Church</b><br/>1190 Southdale Road East @ Millbank Drive - 519-668-0025<br/>Open Mondays (excluding holidays) from 9am-3pm (drop-in, no appt. needed)<br/><b>*Note* → You may only visit one Salvation Army location each month</b></p> <p><b>Western University, USC Food Bank - University Students Only</b><br/>24-hour anonymous "food hamper" system<br/>E-mail <a href="mailto:usc.foodbank@uwo.ca">usc.foodbank@uwo.ca</a> to request a hamper.<br/>Locker number and combination provided to pick up the food hamper.<br/>Baby food and food vouchers are available.</p> <p><b>Western University - PSAC Local 610 Food Bank</b><br/>For unit 1 and 2 members of PSAC Local 610 only<br/>Grocery store vouchers provided to members in need.<br/>Application available at <a href="http://www.psacl610.ca/benefits/foodbank">www.psacl610.ca/benefits/foodbank</a></p> <p><b>White Oaks United Church</b><br/>1901 Jalna Blvd. @ Southdale Rd. E.<br/>Monday and Wednesday: 1pm-3pm, Saturday: 10am-12pm<br/>Residents of the area only, call 519-681-3229</p> <p><b>Youth Action Centre</b><br/>332 Richmond St. @ York St., 226-777-0116<br/>Mon-Fri: 8am-10am and 3pm-6pm from the 15th to the end of the month for youth 16-24yrs.<br/>Baby Food Bank is open all month when supplies are available.</p> |

**Supporting Organizations Coordinating Meal Programs**  
*St. Aidan's Anglican / Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colborne Street United Church, Trinity Lutheran Church, St. Michael's Roman Catholic Church, Grace Anglican Church (Ilderton), St. George's Church (Middlesex Centre)*

*The meals provided at St. Michael's Catholic are a collaborative activity of Northern Hospitality which includes Colborne United, New St. James Presbyterian, St. Michael's Catholic, and Trinity Lutheran churches.*

### A project of the Hunger Relief Action Coalition

Thank you to all local agencies and organizations who distribute this resource to their clients.

<http://meals.informationlondon.ca>